

WELCOME TO ASCENSION

SAVE YOUR PEOPLE, OH GOD, AND BLESS YOUR INHERITANCE

We are only allowing **6 people** in Church for private prayer and Liturgy

SUN	MAR 29	<b>5<sup>th</sup> SUNDAY OF THE GREAT FAST</b> Heb9:11-14, Mk 10:32-45
	11:00	Private Divine Liturgy For Our Parishioners and + John Labanish by Lisa Branden
		3pm each day for 9 consecutive days <b>Novena Prayer by Men’s Club</b>
Mon	Mar 30	3pm <b>Novena Prayer by Men’s Club</b> 5:00pm-600pm <b>Our Church open</b> for private prayer for Protection and Healing of the coronavirus and all serious illnesses
Tus	Mar 31	8:30 Private Divine Liturgy For Our Parishioners and + Michael Joseph & Shirley Hertz and James Peter Hertz by Patty and Michael Dunham
		3pm <b>Novena Prayer by Men’s Club</b> 5:00pm-600pm <b>Our Church open</b> for private prayer for Protection and Healing of the coronavirus and all serious illnesses
Wed	Apr 1	8:30 Private Divine Liturgy For Our Parishioners and + BRS Bill Kelly by Ann Kelly
		3pm <b>Novena Prayer by Men’s Club</b> 5:00pm-600pm <b>Our Church open</b> for private prayer for Protection and Healing of the coronavirus and all serious illnesses
Thu	Apr 2	8:30 Private Divine Liturgy For Our Parishioners and + Andrew Kokinda by Eugene Kokinda
		3pm <b>Novena Prayer by Men’s Club</b> 5:00pm-600pm <b>Our Church open</b> for private prayer for Protection and Healing of the coronavirus and all serious illnesses
Fri	Apr 3	3pm each day for 9 consecutive days <b>Novena Prayer by Men’s Club</b> 6:00pm <b><i>Liturgy of the Presanctified Gifts and</i></b> <b>HGB</b> Eugene KOkinda by Eugene Kokinda
SUN	APR 5	<b>PALM SUNDAY</b> Phil 4:4-9, Jn 12:1-18
	11:00	Private Divine Liturgy For Our Parishioners and HGB JuneAnn by MaryAnn Drumtra

## Recommendation from Bishop concerning attending Divine Liturgy and receiving Holy Communion.

1. Should you stay home from Divine Liturgy? Please use your own prudence. If you believe you are sick, or you are in danger, you are dispensed from attending, and Gad will bless you for praying home.
2. Should you avoid receiving Holy Communion on spoon? St. Paul says about communion, “Let each one examine himself.” If you believe you are sick, or that you are in danger because of weak health, and you do not receive, I promise you that God will still bless you with His abundance of graces.

**Prayer to Guardian Angel**

Angel of God, my guardian dear, to whom His love commits me here: ever this day be at my side, to light and guard, to rule and guide. Amen

**Prayer to Defeat the Work of Satan**

O Divine Eternal Father, in union with your Divine Son and the Holy Spirit, and through the Immaculate Heart of Mary, I beg You to destroy the power of your greatest enemy- the evil spirits. Cast them into the deepest recesses of hell and chain them there forever! Take possession of Your Kingdom which You have created and which is rightfully Yours. Heavenly Father, give us the reign of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I repeat this prayer out of pure love for You, with every beat of my heart and with every breath I take. Amen (Imprimatur March 1973, +Richard H. Ackerman, Bishop of Covington)

COMMITTEES

Trustees:	Mike Olson, David Efimetz
Bible Study with Coffee:	Linda Lechman
Liturgical/Church Website:	Don Merkely
Men’s Club:	John Alexander
Outreach Cleaning:	Betty Mae Hertz
Property:	Father Alex
Publicity:	Mary Jean Sotack
Security:	Mike Olson
Secretary:	Ann Kelly
Book Keeper	Patty Dutry
Youth:	Sasha Kusno

HOSPITALITY

Please see Bulletin Board at the entrance to St Phillip’s Hall for schedule of Lectures, Financial Recorders and Hospitality.  
NO Hospitality

FINANCIALS

Total Contributions

All believers are welcome Sundays at 3:00 pm for an ecumenical bible study. No preparation needed, come as you are and enjoy fellowship and discussion! Currently studying 1 Corinthians. Contact Sasha for details.

Enrollment for children's Eastern Catholic faith formation is still open. Ages 5-17. See Patty or Sasha.

Save the date! Easter Basket preparation and fun night on March 28 from 4-7pm. All children are welcome! Dinner will be served. RSVP to Sasha

All youth are invited to play games weekly after church 12:40-1pm.  
See Abigail to join in the fun !CANDLE AND PRAYER INTENTIONS FOR MARCH

Sanctuary Lamp: Health and God’s Blessing for the Margan Family  
Requested by Katarina Margan

Sanctuary Lamp: HGB Margan Family, Requested by Katarina Margan

Tetrapod Lamp: HGB Morgan & Kevin Kelly

Theotokos & Child Lamp: HGB June Ann Hall, Requested by MaryAnn Drumtra

Christ Teacher Lamp: HGB Patrick Alexander, Requested by Lee and Kathy Alexander

**When receiving Holy Communion, closely approach Father Alex, tell him your first name, tilt your head back, widely open your mouth (no need to extend your tongue). Father Alex will say the prayer while dropping the Precious Species into your mouth with a spoon**

**The Men’s Club** of Ascension of Our Lord Parish announces the 2020 Scholarship Program. Candidates for the scholarship must be registered and active members of the Parish and be between the ages of 17 and 28 years old. They must have been accepted or registered at an accredited college, university or trade school for the 2020- 2021 school term. For a complete list of guidelines and an application please contact Michael Lechman at 757-880-5093.

Strict deadline for all applications is June 28, 2020.  
Scholarships winners will be announced later in the summer.

#### HAPPY APRIL BIRTHDAYS

2nd William Fetsko  
3rd Andriana Shockley  
5th Anya Bobrinskaya Hunter  
17th Anna Baysura  
22nd Jim Hoolan  
22nd Aurora DaQuilanea  
24th Nadia Hunter  
28th Betta Labanish

#### APRIL EVENTS

NO

### **Spiritual Communion**

O Jesus, I turn toward the holy tabernacle where you live hidden for love of me. I love You, O my God, I cannot receive You in Holy Communion. Come, nevertheless, and visit me with Your grace. Come spiritually into my heart. Purify it. Sanctify it. Render it like unto Your own. Amen.

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### **New Information:**

Are you aware of any organization or church that is selling used church pews? Desired length 12 feet. If so, please speak to Father or a Trustee.

Nadia Shockley's Father, Roman Slysh, is seeking a caregiver to live with him in his beautiful lake home in Raleigh, NC. Mr. Slysh is a healthy 93 year old of Ukrainian descent. He is seeking a lady of Eastern European descent to live with him and fulfill duties of cooking, cleaning, and companionship. Mr. Slysh is healthy, drives, and leads an active life. He is active in the Ukrainian Catholic church in Raleigh. If anyone has any possible contacts, please contact Nadia Shockley at 757-867-0882 or [nadiashockley62@gmail.com](mailto:nadiashockley62@gmail.com)

### **Prayer for Strength**

Father in Heaven, I am weary. I am tired. My energy is sagging and my motivation is low. Especially today, I need Your love to get my life back on track. In Psalm 28:7 I read that You are my strength and my shield. Please help me say no when I am tempted to surrender to the easy way. Please help me say yes, to Your will and Your way. Hear this prayer, oh Lord that I pray in Your holy name, Amen.

### **Prayer for Children**

Father of us all, I commend these children (or this child) To Your care. Be their God and Father and mercifully provide whatever I lack through my own frailty and weakness. Give them the strength to overcome temptations and corruptions, and deliver them from the pressures, fears, anxieties and emotional upheavals that seem so omnipresent in their young lives. Help them grow each day in knowledge and in reverence, faithfully serving You and learning how to walk every day in Your light In this and all things I humbly pray in His holy name, Amen.

### **Miracle Prayer**

Father I come to You through Your Son Jesus just as I am. I repent of my sins. In Your name, I forgive all others for what they have done against me. I renounce Satan, all evil spirits, and their works. I give my entire self to you Lord Jesus, now and forever. I invite you into my life Jesus. I accept you as my Lord, God, and Savior. Heal me, change me, strengthen me in body, soul, and spirit. Come Lord Jesus, cover me with your precious blood and fill me with your Holy Spirit. I ask you to go before me today and prepare the way in Jesus name. I thank you Jesus. I shall follow you every day of my life. Romans 10:9,10.

Now Jesus you live in me and I live in you. Amen. 1 John 5:12,13.

**ANIMA CHRISTI**

(Favorite prayer of St. Ignatius Loyola)

**SOUL OF CHRIST, SANCTIFY ME.**

**BODY OF CHRIST, SAVE ME.**

**BLOOD OF CHRIST, INEBRIATE ME.**

**WATER FROM THE SIDE OF CHRIST, WASH ME.**

**PASSION OF CHRIST, STRENGTH ME.**

**O GOOD JESUS, HEAR ME.**

**WITHIN THY WOUNDS HIDE ME.**

**SUFFER ME NOT TO BE SEPARATED FROM THEE.**

**FROM THE MALIGNANT ENEMY, DEFEND ME.**

**IN THE HOUR OF MY DEATH, CALL ME.**

**AND BID ME COME TO THEE.**

**THAT WITH THY SAINTS I MAY PRAISE THEE,**

**FOREVER AND EVER, AMEN.**